



Enhancing Rural Alberta's **Real Estate** Through Community Health, Accessibility, Aging-in-Community and Healthcare Planning

Athabasca University + Sundre Hospital Futures
Funded by the Alberta Real Estate Foundation

2024.04.11

EDA Xperience 2025 Leaders' Summit & Conference
Kananaskis, AB



ALBERTA
REAL ESTATE
FOUNDATION



Athabasca
University



What is
“Accessibility”
in the built
environment?



Universal Design

Making it easier to use for more people



2 Making it easier to use (Usability)
1 Making it available for use (Accessibility)



Unavailable for use

3 Expanding the range of users (User diversity)

1 Making it available to use (Accessibility)



2 Making it easier to use (Usability)

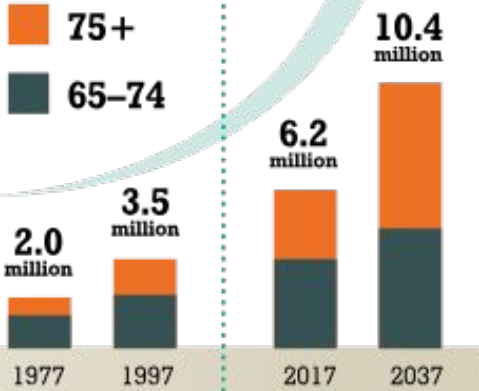
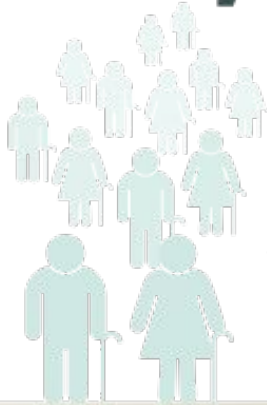


3 Expanding the range of users (User diversity)



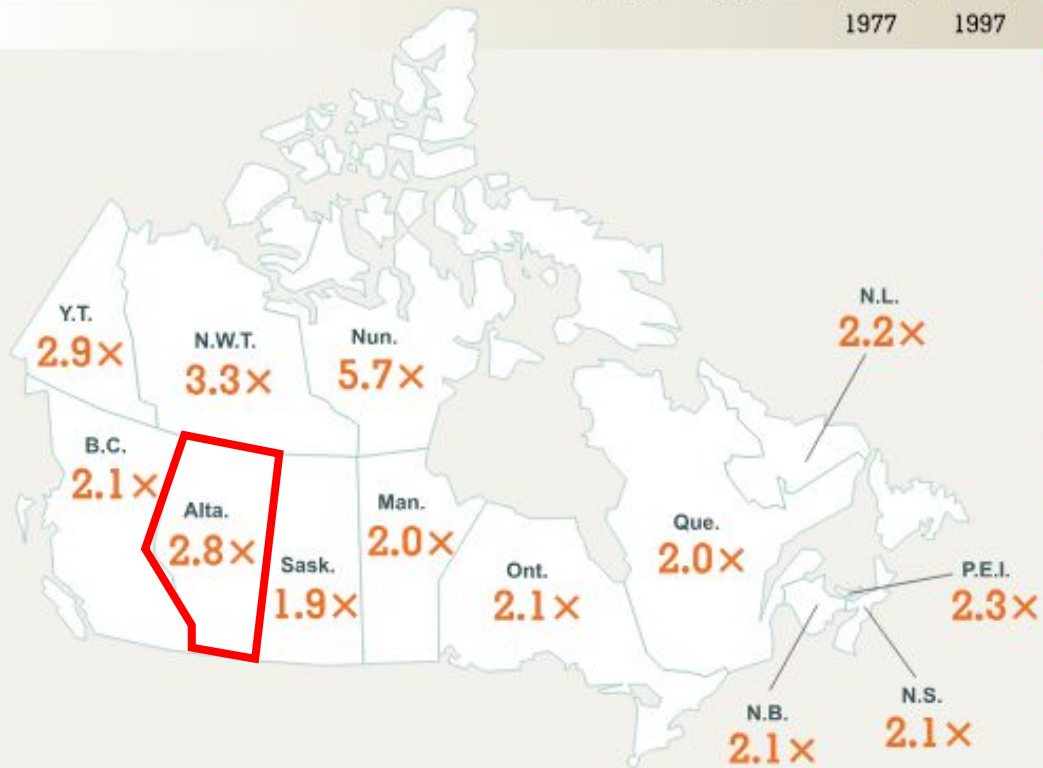
Canada's seniors population outlook: Uncharted territory

Over the next 20 years,
Canada's seniors population
is expected to
grow by **68%**



The 75+
age group
will
double

Canada **2.1x**



Alberta is one of the fastest aging provinces in Canada. Photo of Town of Sundre Seniors' Event.

In Canada, **23.2%** of seniors reside in rural and remote communities with the rural population **aging faster** than urban populations. (BMC Geriatrics)

Aging and Barriers to Health

- Costs and other difficulties related to the need to travel out of the community to medical appointments
- Lack of health care professionals in communities, especially doctors
- Out-of-pocket health care expenses, including those related to travel
- Insufficient home care services, including respite for caregivers
- A lack of or limited supports to enable seniors to remain independent
- Costly homemaking supports
- Requirement for seniors to move out of the community for care
- Lack of coordination, consistency and continuity of care for seniors



**Age-Friendly Rural
and Remote
Communities:
A Guide**

Age-friendly features include . . .

- Good accessibility to and within public buildings
- Along footpaths, accessible washrooms and rest areas
- Adjustments and adaptations that help seniors feel safe and secure in the community
- Provision of services within walking distance of where many seniors live

How do we improve rural real estate to accommodate for the aging communities:

Quality of Life

Independent Living

Safety

Inclusion & Belonging

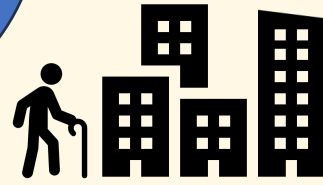
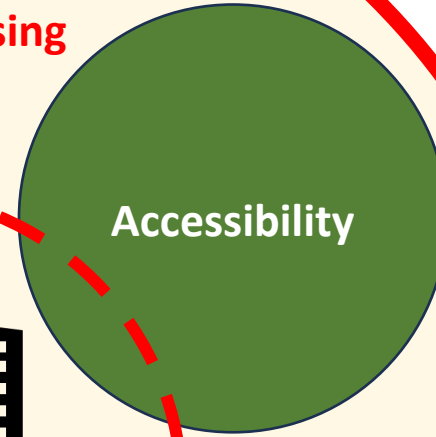


**Quality of
Life**

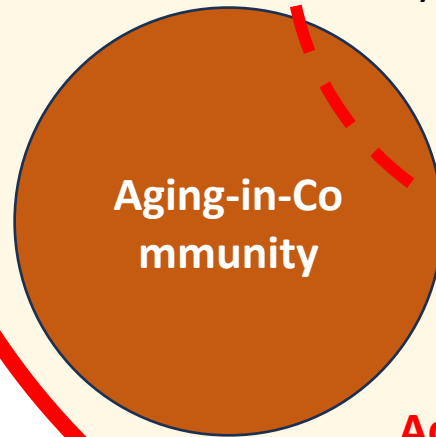
**Independent
Living**



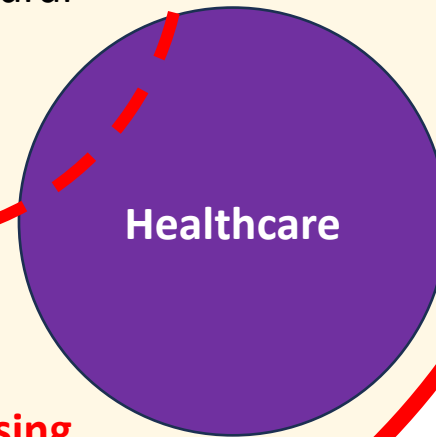
Attainable Housing



Age-Friendly Rural
Real Estate

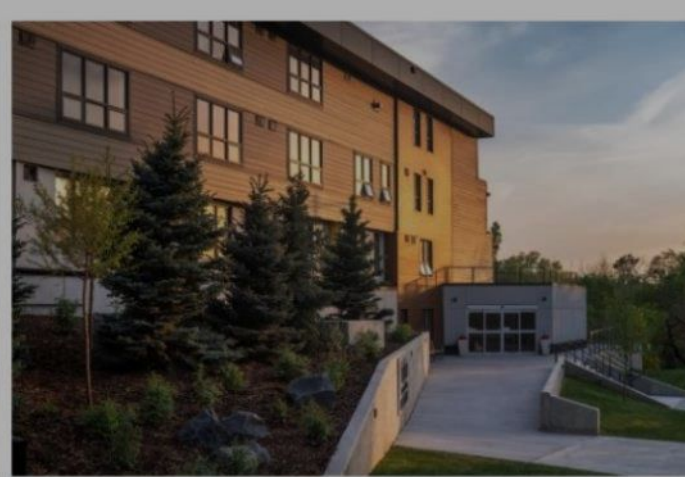


Adaptable Housing

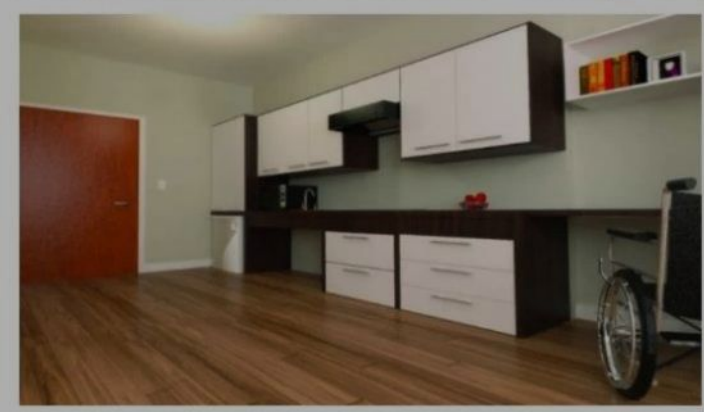
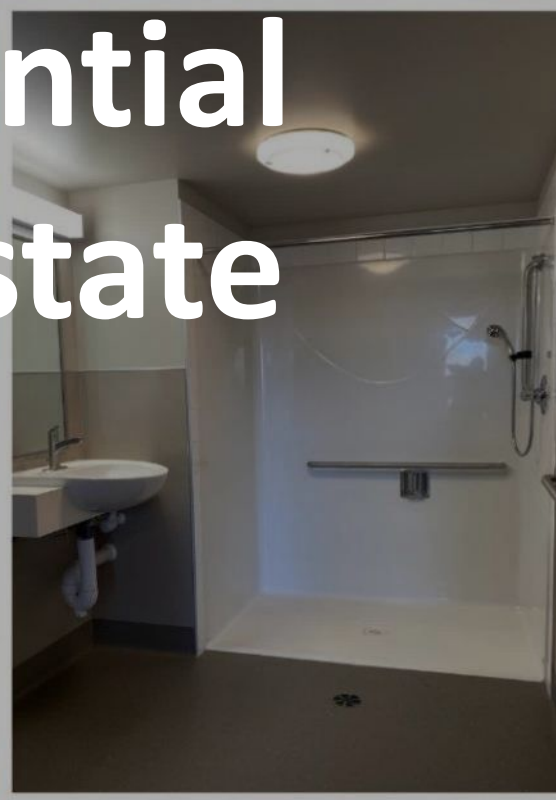


Safety

**Inclusion &
Belonging**



Residential Real Estate



Commercial Real Estate & Public Spaces



Enhancing Rural and Regional Real Estate through Community Learning

Athabasca University

Total Funded: \$250,000

Location: , Alberta

Residential, commercial, and industrial real estate are crucial to rural economic revitalization. This initiative will create learning resources for related professionals and the public in respect to the role that real estate can play in the economic, environmental and social recovery of rural and regional Alberta. This will help communities across the province design their own future – a future in which Alberta communities are healthy, sustainable, resilient, and safe. The resources and evidence-based best practices will be shared with communities across the province using a three-part delivery system consisting of: 1) Design charettes or workshops, 2) Online modules to supplement the workshops, and 3) Some material will be shared as open educational resources via the University's social media channels.



Town of Sundre
Town of Athabasca
Samson Cree Nation
Fort MacLeod

Team Sundre

Gerald Ingeveld, Chair, Sundre Hospital Futures

Heidi Overguard, Vice Chair, Sundre Hospital
Futures / AHS HR Committee

Joyce Wicks, RN, Chair, Sundre Health Profession
Attraction & Retention Committee

Interdisciplinary Team Athabasca University

Prof. Henry Tsang, Architecture (Principal Investigator)

Prof. Douglas MacLeod, Architecture

Prof. Veronica Madonna, Architecture

Prof. Trevor Butler, Engineering

Prof. Gina Martin, Health Disciplines

Prof. Janelle Baker, Anthropology (& Sundre Resident)

Prof. Tobias Wiggins, Gender Studies

Prof. Vive Kumar, Computing & Information Systems

7 Student Research Assistants & Project Manager

Three Phases of Project

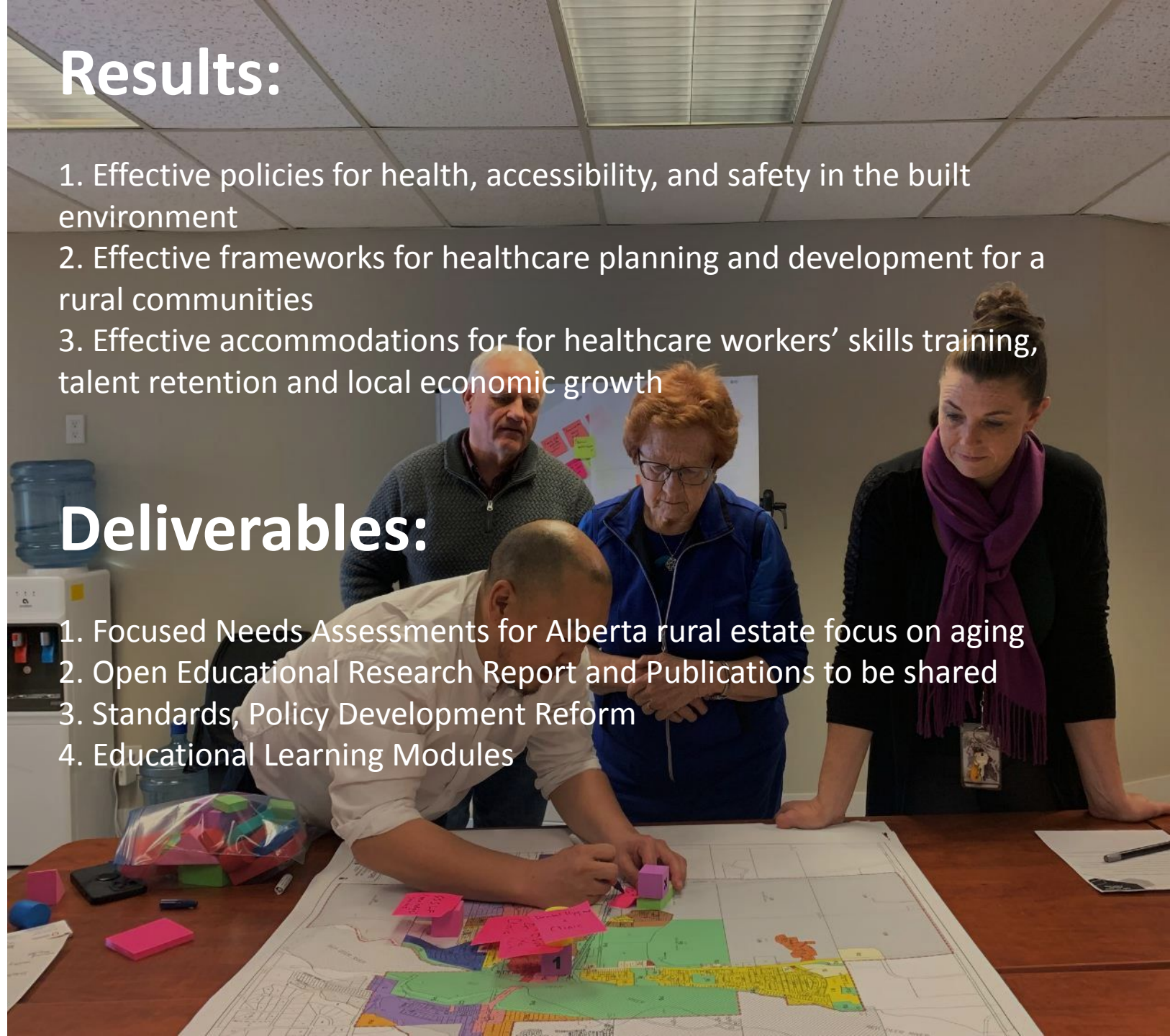
- 1) Research Phase (Needs & Current Standards/Policies)**
- 2) Education and Knowledge Mobilization Phase**
- 3) Standards, Policy Development and Reform Recommendation Phase**

Results:

1. Effective policies for health, accessibility, and safety in the built environment
2. Effective frameworks for healthcare planning and development for a rural communities
3. Effective accommodations for for healthcare workers' skills training, talent retention and local economic growth

Deliverables:

1. Focused Needs Assessments for Alberta rural estate focus on aging
2. Open Educational Research Report and Publications to be shared
3. Standards, Policy Development Reform
4. Educational Learning Modules



Key Timelines

04/2024: Planning the Plan – Kickoff online meeting and formation of research working groups

05/2024: Project Website Launch

05/2024: Charette Workshop #1 – Community Health and Wellbeing in Rural Real Estate

06/2024: Charette Workshop #2 – Accessible and Inclusive Design in Rural Real Estate

07/2024: Charette Workshop #3 – Healthcare and Long-Term Care for Seniors in Rural Real Estate

08/2024-07/2025: Henry on Sabbatical Leave (Travelling)

10/2024-01/2025: Three Learning Modules Development & Launch

01/2025-03/2025: Drafting Standards, Policy Development Reform Recommendation

03/2025: Midterm Presentation & Report

04/2025: Charette Workshop #4 – Aging-in-Community Planning in Rural Real Estate

05/2025: Charette Workshop #5 – Affordable and Attainable Housing in Rural Real Estate

06/2025: Charette Workshop #6 – Environmental Quality and Health in Rural Real Estate

10/2025-03/2026: Three Learning Modules Development & Launch

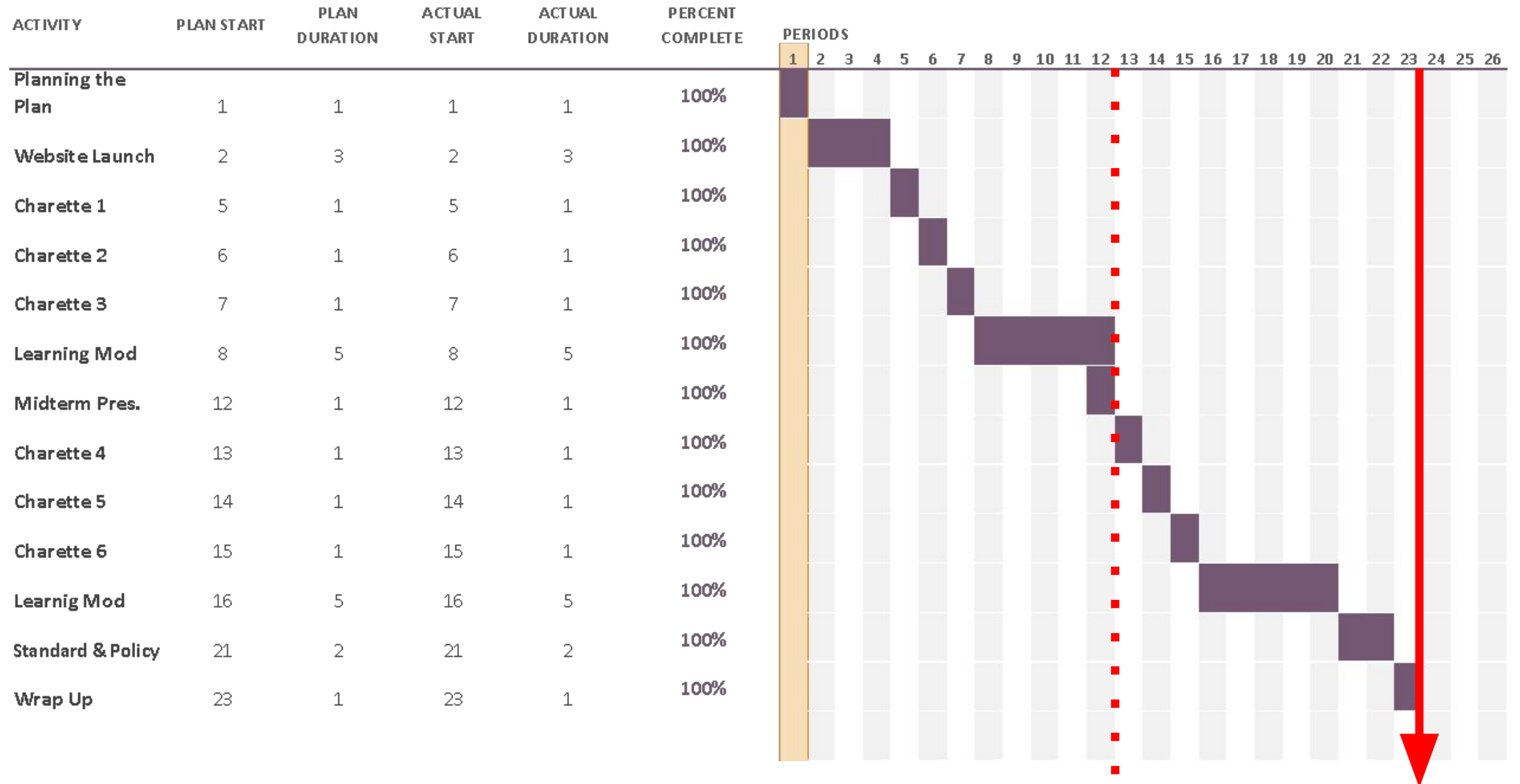
01/2026-03/2026: Drafting Standards, Policy Development Reform Recommendation

03/2026: Wrap Up Conference & Final Research Report Dissemination

AREF Project Timeline

Select a period to highlight at right. A legend describing the charting follows.

Period Highlight: 1



Estimated Length: 23 months

6 Major Topics:

- 1. Community Health and Wellbeing in Rural Real Estate**
- 2. Accessible and Inclusive Design in Rural Real Estate**
- 3. Healthcare and Long-Term Care for Seniors in Rural Real Estate**
- 4. Aging-in-Community Planning in Rural Real Estate**
- 5. Affordable and Attainable Housing in Rural Real Estate**
- 6. Environmental Quality and Health in Rural Real Estate**

ial to Financial Post

024 • Last updated Mar 15, 2024 • 4 minute read

sation



at East Hills Crossing in Calgary. PHOTO BY JIM WELLS/F

, Canada's shortage of accessible housing hits c
er husband were recovering from knee and hip
egan using mobility aids long-term, their apart
e to them. Not wanting to enter long-term care
e only choice was to renovate.

HOME > LOCAL NEWS

Affordability, accessibility, and housing stock also an issue in rural Alberta

More energy should be spent to incentivize rural communities to grow instead of focusing solely on housing increases in urban areas, said Paul McLaughlin, president for Rural Municipalities of Alberta.

Jessica Nelson Local Journalism Initiative
Aug 3, 2023 11:48 AM



Boards & Associations News

Survey reveals concerns over housing affordability and accessibility in Western Ontario

REM Editorial Team | Apr 08, 2024 | 0 comments



Canada

Amid a countrywide housing shortage, what will it take to build more accessible homes?

Advocates call for change in building codes, more incentives to build accessible units

Vanessa Balintec - CBC News - Posted: Jul 28, 2023 2:00 AM MDT | Last Updated: July 28, 2023



A house is shown under construction in Ottawa in April. With a housing shortage and affordability crisis in Canada, advocates say people with disabilities are contending with less inventory because most units aren't built with accessibility in mind. (Lars Hagberg/Reuters)

Get the latest news directly in your inbox

Stay on top of everything happening in Canada's real estate industry. Delivered every Monday, Wednesday and Friday morning.

Enter your email address here.

Subscribe!

Thank you.

Dr. Henry Tsang

Associate Professor / Registered Architect

RAIC Centre for Architecture, Faculty of Science & Technology

Athabasca University | Athabasca, AB

E-mail: htsang@athabascau.ca



ALBERTA
REAL ESTATE
FOUNDATION



**Athabasca
University**